



Oide

# Creative Dance

with **Mónica Muñoz**

**Oide Creativity**, in collaboration with dance artist **Mónica Muñoz**, presents an in-person elective workshop, open to all teachers.

This workshop offers participants an opportunity to:

- Discover creative dance as a means of expression and communication
- Engage with principles of movement using the Laban Framework
- Explore how dance and creative movement link to drama and narrative

Date	Time	Venue
Saturday 27 <sup>th</sup> April 2024	10:30 a.m. – 2.00 p.m.	The Ark, Temple Bar, Dublin D02 A590



## **Mónica Muñoz**

Originally from Barcelona, Mónica Muñoz is a Dublin-based dance artist. She graduated at the Folkwang University of the Arts and has an MA in Contemporary Dance Pedagogy. Mónica worked for over 25 years as a dancer and performed across the globe. As a choreographer, she makes cross-aesthetic and innovative dance performances at a high artistic

level with the body at the centre. She believes in the power of dance to empower individuals and communities. Mónica teaches dance in community and education contexts such as University of Limerick, Creative Schools programme, Dance Theatre of Ireland, The Ark and Creative Hubs/Dublin City Council among many others.

Spaces are limited. A waiting list will apply. Register on [www.creativity.oide.ie](http://www.creativity.oide.ie)

We strive to host inclusive, accessible events that enable all individuals to engage fully. For enquiries about accessibility, please contact [creativity@oide.ie](mailto:creativity@oide.ie)

[www.oide.ie](http://www.oide.ie)

[@Oide\\_Creativity](https://www.instagram.com/Oide_Creativity)



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Clár Éire Ildánach  
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Programme  
2017–2022



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